



Standard Guide for Training the Emergency Medical Technician (Basic) To Manage Shock¹

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1. Scope

1.1 This guide establishes the minimum national standard for training in the management of shock in patients of all ages by the emergency medical technician (basic).

1.2 This guide is one of a series which together describe the minimum training standard for the emergency medical technician (basic).

1.3 *This standard does not purport to address all of the safety problems, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.*

2. Referenced Documents

2.1 ASTM Standards:

F 1031 Practice for Training the Emergency Medical Technician (Basic)²

F 1219 Guide for Training the Emergency Medical Technician (Basic) to Perform Patient Initial and Detailed Assessment²

F 1285 Guide for Training the Emergency Medical Technician (Basic) to Perform Patient Examination Techniques²

F 1328 Guide for Training the Emergency Medical Technician (Basic) to Prepare Patients for Medical Transportation²

F 1329 Guide for Training the Emergency Medical Technician (Basic) in Basic Anatomy and Physiology²

F 1418 Guide for Training the Emergency Medical Technician (Basic) in Roles and Responsibilities²

F 1420 Guide for Training the Emergency Medical Technician (Basic) to Perform Patient Management Techniques²

F 1421 Guide for Training the Emergency Medical Technician (Basic) to Manage Obstetrical Emergencies²

2.2 Other Documents:

Standards and Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiac Care ³(see latest edition)

3. Terminology

3.1 Definitions of Terms Specific to This Standard:

3.1.1 *Management*—refers to the suggested step(s) that constitute action taken by the emergency medical technician (basic) for a patient in need of assistance due to a real or perceived traumatic or medical condition.

4. Significance and Use

4.1 This guide establishes the minimum national standard for training the emergency medical technician (basic) in the suggested management of shock in patients of all ages. This guide does not preclude additions to or modifications of the management of shock as authorized by local medical direction.

4.2 This guide shall be used by those who wish to identify the minimum training standard for the emergency medical technician (basic) as it relates to suggested management of shock.

4.3 This guide shall be used as the basis to revise Practice F 1031.

4.4 Every person who is identified as an emergency medical technician (basic) shall have been trained to this standard.

4.5 This guide does not stand alone and must be used in conjunction with all referenced documents cited in Section 2.

4.6 The management steps outlined in this document are not necessarily in sequential order and they will often vary with the patient's age, size, location and condition.

5. General Guidelines

5.1 All emergency medical technicians (basic) shall be trained to:

5.1.1 Reassess all patients frequently and at least prior to and following every therapeutic intervention.

5.1.2 Manage patient problems in the order of their severity.

¹ This guide is under the jurisdiction of ASTM Committee F30 on Emergency Medical Services and is the direct responsibility of Subcommittee F30.02 on Personnel, Training and Education.

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² *Annual Book of ASTM Standards*, Vol 13.02.

³ Reprinted from *Journal of the American Medical Association*, June 6, 1986, Vol 255, pp. 2842-3044 (latest edition).