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An American National Standard

Standard Specification for Fitness Equipment and Fitness Facility Safety Signage and Labels¹

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INTRODUCTION

This specification sets forth guidelines for signage and labels associated with fitness equipment and fitness facilities. Its goal is to help alert and remind users of safe practices in utilizing fitness equipment. Like any other physical activity, exercise involving fitness equipment presents a potential for injury. No label or sign alone can prevent all injuries, especially when fitness equipment is used improperly. The ultimate responsibility for preventing injury lies with the equipment owner or equipment user, or both. This specification, however, intends to promote proper fitness equipment practices through standardization of signage and label requirements.

1. Scope

1.1 This specification establishes requirements for safety signage and labels for fitness equipment as defined in 3.1.4 and fitness facilities as defined in 3.1.5. It provides for the design, placement, and minimum wording required.

¹ This test method is under the jurisdiction of ASTM Committee F-8 F08 on Sports Equipment and Facilities and is the direct responsibility of Subcommittee F08.30 on Fitness Products.

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